Learner Profile-Physical Education

Inquirer – Seek to learn the rules of the games we play, benefits of the activities you participate in, and best practices to excel in physical activity.

Thinker – Be able to express understanding of sports and health related fitness components through physical movements. Behavior in the class models that of a sportsmanlike individual.

Communicator – Use oral and written language skills to effectively participate with your teammates to achieve a common goal. Make quick and accurate decisions when you are in the role of referee or scorekeeper. Listen to the teacher and your classmates when they are talking, and wait your turn to be heard.

Risk-Taker – Willing to attempt a new activity to the best of your ability without pre-judging it.

Knowledgeable – Knowing the rules of the sport or activity, and asking questions when there is any misunderstanding of the rules.

Caring – Showing compassion towards your teammates, the other team, the referees, and your other classmates while participating in class.

Principled – Being aware of the rules of the given activity and following them to the best of your ability. Respecting other classmates' personal space. Showing NO favoritism when in a position of authority (referee/scorekeeper).

Balanced – Working hard to improve in your areas of weakness, as well as improving your areas of strength.

Reflective – Looking back at the positive and negative aspects of the lesson you completed, and making personal changes for future classes that improve in these aspects.

Open-Minded – Respecting the differences among your classmates and their strengths and weaknesses, and accepting them for these.